

## **PSHE Policy**

### **Rationale & Ethos**

Personal, Social, Health and Economic (PSHE) education is a subject through which students develop the knowledge, skills and attributes they need to manage their lives now and in the future. It helps children and young people to stay healthy and safe, whilst preparing them to make the most of life and work. This policy covers our provisions' approach to the importance of PSHE education.

### **Policy Location**

We view the partnership of home and school as vital in providing the care, support and advice needed for students to thrive in modern Britain. Parents and carers will be informed about the policy through the academy website. If you require a printed copy, please contact the school.

### **Policy Aims and Objectives**

Our provision's overarching aims and objectives for our students are for them to be able to make healthy, informed choices, now and in their future.

### **Entitlement and Equality of Opportunity**

We promote the needs and interests of all pupils, irrespective of gender, culture, ability or personal circumstance by fostering equality through our extensive SMSC & Fundamental British Values programme, which is at the heart of our curriculum. Teaching will take into account age, ability, readiness and cultural backgrounds of children to ensure that all can fully access PSHE education. We promote diversity and inclusion for all pupils through our first universal rule; respect. We expect this in return from our pupils.

### **Desired outcomes**

As a result of our PSHE programme of learning, pupils will:

- Know and understand how to keep themselves and others safe;
- Be able to make informed choices;
- Develop their interpersonal skills;
- Understand they have a right to a comprehensive, balanced and relevant body of information;
- Understand they have a responsibility to be upstanding citizens, now and in their future lives.

### **Creating a safe learning environment**

Content is delivered in a non-judgmental, factual way and allows scope for young people to ask questions, those questions will be answered in a sensitive manner. This policy is also informed by the provision's Safeguarding Policy.

### **Teaching & Learning**

To ensure our PSHE curriculum is broad and balanced, it is mapped around three core themes; Health & Wellbeing, Relationships and Living in the Wider World.

### *Health & Well-being*

- Managing transition
- Maintaining physical, mental and emotional health & wellbeing
- Making informed choices about health and wellbeing matters, including sexual health
- Knowing about parenthood & consequences of teenage pregnancy
- Assessing & managing risks to health and keeping self & others safe
- Identifying & accessing help, advice & support
- Responding in an emergency, including administering first aid
- Understanding the role and influence of the media on lifestyle

### *Relationships*

- Developing & maintaining healthy relationships & developing parenting skills
- Recognising & managing emotions within a range of relationships
- Dealing with risky or negative relationships
- Knowing about the concept of consent in a variety of contexts
- Knowing about managing loss including bereavement, separation & divorce

### *Living in the Wider World*

- Respecting equality and being a productive member of a diverse community
- Identifying & accessing advice & support
- Understanding rights & responsibilities as community members, citizens & participants
- Making informed choices & how to be enterprising & ambitious
- Developing employability team working & leadership skills, flexibility & resilience
- Knowing about the economic & business environment
- Understanding how financial choices affect self/others & rights as a consumer

## **Content Delivery**

The programme will be taught by both a number of teaching and pastoral staff, and external agencies. Teachers responsible for teaching PSHE will receive training through CPD and when using external speakers to deliver aspects of our PSHE programme, we will ensure they all follow normal safeguarding procedures.

This policy supports the following policies;

- Safeguarding & Child Protection
- Relationships & Sex Education
- Anti-Bullying
- E-Safety

We are committed to parents and carers by providing their child with an outstanding PSHE curriculum.