

KS3/ KS4 Inspire Medium Term Plan

HT1 KS3 & KS4

'Local Art thru a lens' is the study of abstract sculpture of Barbara Hepworth and Henry Moore. Across this half-term students learn about textures and sculpture techniques; working with decoupage, mosaic and clay. A visit to the Yorkshire Sculpture Park is essential during this topic to experience and explore sculpture against its natural backdrop. Here students have the opportunity to build cultural capital and bring their knowledge to life whilst developing motor skills, scientific concepts and spatial awareness.

'Pop Art' Students study contemporary artists. They study techniques and styles, recreating iconic masterpieces, including local artiste Rachel List.

Week	Lesson 1	Lesson 2	Lesson 1	Lesson 2
1	Prep Week		Tues / Thursday	Wednesday
	THEMATIC		ART	Voc - Animal Care
2	Colour wheel Geometric shapes and patterns	Makes geometric	Pop Art - Andy Warhol	RSPCA - Planning for fundraising. Visit a Pet Store
	Filography string art	String art - creating a spirograph	Pop Art - Andy Warhol	Ponderosa Zoo - Reflection in English.
	Vessel and vases. Frieze and decoration of Roman & Greek vases.	Design ideas for final vase decoration	Comic Book Art - Roy Lichtenstein	RSPB - Reflection - endangered birds in lesson.
3	Hepworth gallery - Hepworth Sculptures - Art Deco architecture & shapes - link to Elisabeth Fritsch	Choose scallops, circles and lines. Simple 8-hole string art examples. Choose one for the vase. Final plan - ready for lamination	Collage Art Eric Carle & Barbara Kruger	Yorkshire Wildlife Park - workshop. Reflection - English
4	Yorkshire Sculpture Park Visit KS3	Yorkshire Sculpture Park Visit KS4	Chuck Close - geometric painting	RSPCA - fundraising event at Pontefract Stall. Tombola, cakes ?, fundraising buckets.
5	Introduction to the work of Henry Moore. Create	Clay sculpture	Op Art - Victor Varsarely	Boston Park Farm Experience - Reflection English.

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	Maquette of one of his sculptures			
6	Introduction to Maria Luisa Tadei	Create a mosaic art piece taking inspiration from Maria Luisa Tadei		Tropical World - Science inspired workshop. Insects.
7	Introduction to Maria Luisa Tadei	Create a mosaic art piece taking inspiration from Maria Luisa Tadei		Volunteering with RDA. Reflection - English.
8	Introduction to CRW Nevison Introduction to Futurism Art	Create an Art piece based on CRW Nevinson's work Explore Futurism art.		Project presentation to class.

HT2 KS3 & KS4

<p>'Foods from around the World' combines Geography, SMSC and Food Technology. Each week students combine academia with vocational study, learning cooking skills and techniques. Students study world maps, flags, food miles, culture, festivals and traditional dishes from a range of countries. As per study they complete indigenous food tasting from France, China, Spain, Japan, Italy and Britain. Final assessment consolidates learning with a GCSE Food Technology inspired 'Masterchef' competition. Students design, create and present a two-course Mediterranean meal to win the trophy for KS3 and KS4 culinary champion. For the presentation students will visit a pottery barn to make and paint a presentation plate inspired by the topic. During this topic students build self-efficacy, a sense of belonging, creativity and problem-solving.</p> <p>The King's Trust topic 'Health and Wellbeing' links to food nutrition and runs alongside thematic learning. Students complete studies about nutrition, physical health and mental wellbeing, building a fitness plan, attending a gym and practising mindfulness. Students make the link between a healthy mind and healthy body for informed life choices.</p>			
Week	Lesson 1	Lesson 2	1 lesson per week
	THEMATIC		KING'S TRUST
1	Introduction to Carbon Footprint and food miles. Explore where our foods come from.	Use the food miles calculator to calculate Food miles and carbon footprint of foods from around the world.	Introduction to Health & Wellbeing & Prince's Trust Food Groups - protein, carbohydrates, fats, fruit and vegetables and dairy.
2	Traditional foods of France; tasting.	Create Food miles and carbon footprint Labels. Practical session	Traditional food of Britain vs Traditional food of China Comparison of local dishes and traditions, Applying knowledge of food groups to analyse menus

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			and investigate which culture as 'healthier' meals.
3	Festivals and Culture of China. Taste test foods of china and practice Chop stick skills	Foods of China Practical session. Create stir-fried noodles. Demonstrate chopping skills	Famous Chefs - Jamie Oliver Health School Meals campaign. Science behind food groups. Vitamins and minerals.
4	Look at continents particularly Europe. Identify countries of Europe. Look at the culture of Spain. Taste test foods of Spain	Look into the traditions of Tapas and then independently create a tapas dish. Must demonstrate good food safety and hygiene skills and use a range of cooking techniques.	Physical Health - exercise and feel good hormones endorphins and dopamine. Identifying personal exercise goals. Joe Wicks Interval training. Workout diets and the effects of food groups during exercise.
5	Look at the food and culture of Japan Taste test foods of Japan	Look into the Mediterranean diet. Create pasta and pizza.	Muscle groups and types of exercise: abduction, adduction, flexion, extension, rotation. Role of the Gym. Hypertrophy, anabolic and catabolic hormones. Design a personalised exercise routine.
6	Christmas week Look at the traditions and history of Christmas.	Cook mince pies and tarts.	Gym visit. Induction, membership and machine tutorial. Putting the Work out regime to the test. Reflection - How effective was your regime?
7	Master chef challenge Plan a two course meal based around the mediterranean diet	Cook and serve their chosen dishes to be judged by staff.	Mindfulness and mental health. CBT therapy and practise. Mindful colouring. Mindful Breathing. Mindful Modelling clay. Mindful Reflection.